It's February. We've had several feet of snow here in the Hudson Valley, we have new national leadership, the vaccine continues to roll out, and we have new Super Bowl champs.

We’re hosting The Delaware Engineering Government Series, a series of live virtual events exploring governing in the time of COVID. Next week, we’re talking with several Hudson Valley Mayors for their perspectives on the unique challenges their communities have faced during the COVID-19 pandemic. Join us next month as we take the discussion to the County Executives.

Be sure to tune in to a new episode of the Housing Update every month. This month, the Center for Housing Solutions discussion focuses on the impacts of the COVID-19 eviction stays and subsequent extensions.

The Community ReBuilders Program is now accepting applications for the next cohort. This innovative program provides participants with the tools and support they need to take community development projects to the next level, including educational resources and training to research local issues, evaluate project benchmarks, identify potential sources of funding, and achieve specific project goals. Be sure to attend our Info Session next week to learn more about this program!

We’re keeping our finger on The Pulse of the Economy and exploring innovative ideas for the road to recovery in the second season of our weekly podcast, Patterns & Paradigms. We’re digging into data with our Hudson Valley by the Numbers series. We continue to work within our communities to help them through this period of uncertainty and train regional leaders to look to the future to make our community a better place for us all. Onward.
The Delaware Engineering Government Series

The Mayors

February 17th 2021 at 9:00AM - LIVE EVENT

The Delaware Engineering Government Series | Governing in the time of COVID visits with regional government leadership for a behind the scenes look at governing in the time of COVID-19. Explore the challenges, the trials and the triumphs of leadership during these unprecedented times.

This month, meet some of the Mayors of the Hudson Valley.

REGISTER FOR THIS EVENT

Learn more about the Community ReBuilders Program!
Learn more about the purpose of the Community ReBuilders program - explore some past projects and discover more about the tools and support provided to take your community development projects to the next level! The Community ReBuilders Program provides participants with educational resources and training to research local issues, evaluate project benchmarks, identify potential sources of funding, and achieve specific project goals.

Register now for this LIVE Info Session on Wednesday, February 17th at 5:00PM

ATTEND THIS INFO SESSION

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**Housing Update**

**Thursday, February 25th, 2021 at 10:00AM**

The Pattern for Progress Center for Housing Solutions convenes professionals for a virtual panel discussion about impacts of the COVID-19 eviction stays and subsequent extensions.

ATTEND THIS EVENT

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**The Delaware Engineering Government Series**

**The County Executives**

**Thursday, March 25th 2021 at 1:00PM - LIVE EVENT**

The Delaware Engineering Government Series | Governing in the time of COVID visits with regional government leadership for a behind the scenes look at governing in the time of COVID-19. Explore the challenges, the trials and the triumphs of leadership during these unprecedented times.

In March, meet with The The County Executives from Dutchess, Orange, and Ulster Counties

REGISTER FOR THIS EVENT
Pattern is tracking the road to recovery. While we will endeavor to search for regional trends, we will also include national data points as they are both important and signs of consumer confidence. Now more than ever, Pattern will continue its role as an “honest broker” assisting those who wish “to move the dial” forward. We will use these updates to provide balanced data. It will be up to you – as always – to act on it as you deem appropriate. Our hope is to help you make more informed decisions.

Check the Pulse of the Economy -

February 5th

January 29th

January 22nd

January 15th

The Center for Housing Solutions at Pattern for Progress is the prime source for regional information and trends in housing in the Hudson Valley. Housing became an even bigger part of our identity when Pattern established the Center for Housing Solutions in September 2012. The Center has provided technical assistance, strategic planning, financial underwriting, housing policy recommendations, and market and demographic analysis for housing agencies, market rate and affordable housing developers, builders, Realtors, municipalities and advocates for affordable housing.
Hudson Valley
Regional Housing Market Report

The Center for Housing Solutions and Community Initiatives, a unit of Hudson Valley Pattern for Progress, is pleased to present the Q4 + Annual 2020 edition of the Regional Housing Market Report.

NEW EPISODE!
Housing Update
Thursday, February 25th, 2021 @ 9:00AM

The Pattern for Progress Center for Housing Solutions convenes professionals for a virtual panel discussion about impacts of the COVID-19 eviction stays and subsequent extensions.

Stay in tune with Housing in the Hudson Valley!

Detailed information about the Mid Hudson Housing Market - including market reports & trends, panel discussions, research & policy - delivered right to your email inbox! Know your market.
Now Accepting Applications for the Community ReBuilders Program

The revitalization of communities is crucial to the overall quality of life of the entire Hudson Valley. A key element to successful community development is growing and building local leaders and strong advocates to establish a clear vision to effectuate positive change in the community.

The Community ReBuilders Program provides participants with the tools and support they need to take community development projects to the next level. The Program provides participants with educational resources and training to research local issues, evaluate project benchmarks, identify potential sources of funding, and achieve specific project goals.

Learn from the professional staff at Pattern for Progress, guest speakers, and your peers from throughout the Hudson Valley.

Community ReBuilder sessions will cover topics such as:
- Using data to support your project
- Designing and refining the scope of your project
- Mission and vision statements
- Overcoming impediments
- Project management
- Budgeting and grant writing
- Working with local leadership
- Creating collaborative partnerships within the community

Participants with an identified project are invited to apply. Be a part of a program that advances of community-based projects, builds a local network of leaders, and inspires positive neighborhood change.

Download the Community ReBuilders Info Kit & Application

APPLY ONLINE NOW!
New Year,
New Season

PROGRAM DETAILS

TIMELINE
April - June 2021
TWELVE WEEKS
4PM - 6PM
Every Monday

TUITION
SPECIAL PRICING for 2021
$1200 with limited scholarships available

APPLICATION
Deadline March 1st, 2021

SESSION SCHEDULE
SESSION 1  Introduction to Pattern, Participants & Projects
SESSION 2  How to Support Your Project Using Data
SESSION 3  Your Project in the Larger Community Context
SESSION 4  Defining the Scope of Your Project
SESSION 5  The Project Scope Workshop - Presentations
SESSION 6  What Make a Project Successful?
SESSION 7  Mid Program Project Update
SESSION 8  The Financial Dimension of Your Project
SESSION 9  The Financiers
SESSION 10 Packaging and Communication of Projects
SESSION 11 Work Session
SESSION 12 Project Presentations

PATTERNS & PARADIGMS
THE PATTERN PODCAST

New Year,
New Season

PATTERNS & PARADIGMS
SEASON 2, EPISODE 01
Winning the War on COVID with Diana Mason
THE PATTERN PODCAST

PATTERNS & PARADIGMS
SEASON 2, EPISODE 02
The Architecture of Healing & Social Equity with Michael Murphy
THE PATTERN PODCAST

PATTERNS & PARADIGMS
SEASON 2, EPISODE 03
Unshattered: Social Enterprise & Recovery with Kelly Lyndgaard
THE PATTERN PODCAST
New Year's resolutions are often related to physical well being. More exercise, visits to the doctor, and new diets all push people to better health. Social and economic
factors, access to clinical care, access to healthy food, and our physical environment also all play into our health and well-being. Health outcome rankings by life expectancy and how people feel show great disparity by location within our region. Individual behaviors obviously matter and resolutions to modify habits for better health are important. Planners, and policy and decision makers should also resolve to support better health outcomes for all people, regardless of where people live.

Read More: https://www.pattern-for-progress.org/2020-health-outcome-ranking-by-county/

Hudson Valley County Budgets
2020 V 2021

Primarily as a result of the COVID-19 pandemic, the nine counties of the Hudson Valley region are collectively budgeting to spend $60 million less in 2021 compared to 2020. County budgets shrank for every county in the region except for Putnam and Sullivan County where the budgets increased by 0.3% and 1.0%, respectively.

https://www.pattern-for-progress.org/hudson-valley-county-budgets-2020-v-2021/

Employment Rates by Sex and County
Population 20-64 Years
2019

Across our region there are uneven employment rates between men and women. As of
2019, Rockland County had the greatest difference with only 70 percent of women between the ages 20-64 employed while for men this rate was 80 percent. In Ulster and Greene Counties, the percent of women employed was higher than men, but all other counties in the Hudson Valley region, the opposite was true. Sullivan had nearly the same rates for both men and women (men were up by 0.3 percent). A national Bureau of Labor Statistics jobs report for December shows that in the final month of 2020 women saw a net loss of jobs while men saw a net gain of jobs. Many of the sectors in which women work in higher numbers have been hardest hit by the impact of COVID including food service and hospitality, and education. And while both men and women have made the difficult choice of dropping out of the workforce in order to stay home with children since schools are closed, women have done so at four times the rate. It is too early to know how our economy will recover from the havoc wrecked by COVID. What will men and women’s employment rates look like in a year from now?


### Total Population by County
#### 2019 and Percent Change from 2010

Our region has 3,136 bridges. That is approximately 1 bridge for every 775 people. There are more bridges in rural areas but higher traffic volumes on bridges in urban areas. A little more than half of U.S. bridges are owned by local agencies, states own about 48% and federal agencies and private entities own the remaining 2%. The bridge owner is typically responsible for maintenance and repair costs. According to Infrastructure Report Card, 4 out of 10 U.S. bridges are over 50 years old, and many bridges need maintenance or to be replaced in the coming years. According to New York
Comptroller DiNapoli, in 2017, 12.8% of New York’s local bridges are structurally deficient, meaning they need repairs and may have weight limits. 20.7% of New York bridges are functionally obsolete, meaning the “bridge does not meet current design standards for the amount of traffic it carries.” 2021 is a great time to invest in our infrastructure – it would help our economy recover from the pandemic, create high paying jobs for some of the hardest hit workers, and ensure future viability of communities.

https://www.pattern-for-progress.org/number-of-bridges-by-county/

Percent of Hudson Valley 65+ Population Living Alone by Sex & County

A significant proportion of people over the age sixty-five live alone. The percentage is between 3%-12% across the Hudson Valley, and is higher for women than men. As people continue to socially distance and remain isolated during COVID, it is important to think about mental health impacts for the senior population. Individuals in this group may be less technically adept than younger people and therefore unable to pivot to virtual socializing. As a result, they may be more likely to suffer from loneliness, anxiety, and depression. Health care providers should have a way to identify people suffering from mental health issues that are due to pandemic isolation and to connect them to resources including mental healthcare, as well as ways to stay socially connected. Public Health departments should create messaging to encourage social distancing while also providing information on ways to safely socialize.

Take a closer look:


The Pattern Matters Blog

February 7th, 2021
The Changing Nature of Work

January 31st, 2021
Homeownership - Student Debt and a Mismatch Between Supply and Demand
POSITIVE PATTERNS

RECAP celebrated the work of Dr. Martin Luther King, Jr.’s legacy with a Day of Service today. RECAP and community members teamed up for a community clean up in Newburgh.

https://www.facebook.com/RegionalEconomicCommunityActionProgram

The 750-mile Empire State Trail is now complete! The longest multi-use state trail in the country welcomes bicyclists and walkers of all ages and abilities to
Experience the Empire State's urban centers, village main streets, rural communities, and diverse history, from New York City through the Hudson River valley, west to Buffalo along the Erie Canal, and north to the Champlain Valley and Adirondacks.

https://empiretrail.ny.gov/

Merlin Entertainments, the parent company of Legoland, partnered with the HONOR shelter in Middletown to build a playroom for local kids. HONOR provides a temporary home to over 100 people on any given evening, about half of which may be children.