As we begin the New Year, the virus is still surging, yet there is distribution of multiple vaccines. For the first time in seven months we did not add jobs to the economy, yet the stock market remains strong and some sectors of the economy are performing quite well. The events at the Capitol last week have brought the issues of intense polarization to the forefront of conversation. And so 2021 begins.

We’re hosting several webinars this month, including a very special webinar this afternoon, as we seek to find ways to have challenging conversations in the midst of stress and polarization. Join us today at 4:00pm for Finding Common Ground with Dr. Joshua N. Weiss. On January 26th, join us for part one of The Government Series | Governing in the time of COVID with the Mayors.

Stay tuned for a new episode of the Housing Update every month. This month, the Center for Housing Solutions reconvenes industry leaders for a virtual panel discussion looking back over the Real Estate Market in 2020 and exploring their outlook for 2021.

The Community ReBuilders Program is now accepting applications for the next cohort. This innovative program provides participants with the tools and support they need to take community development projects to the next level, including educational resources and training to research local issues, evaluate project benchmarks, identify potential sources of funding, and achieve specific project goals.

We’re keeping our finger on The Pulse of the Economy and exploring innovative ideas for the road to recovery in the second season of our weekly podcast, Patterns & Paradigms. We’re digging into data with our Hudson Valley by the Numbers series and working within our communities to help them through this period of uncertainty and training regional leaders to look to the future to make our community a better place for us all. Onward.
Housing Update

Thursday, January 21st, 2021 at 10:00AM

The Pattern for Progress Center for Housing Solutions reconvenes industry leaders for a virtual panel discussion looking back over the Real Estate Market in 2020 and exploring their outlook for 2021.

The Delaware Engineering Government Series

The Mayors

Tuesday, January 26th, 2021 at 10:00AM - LIVE EVENT

The Delaware Engineering Government Series | Governing in the time of COVID visits with regional government leadership for a behind the scenes look at governing in the time of COVID-19. Explore the challenges, the trials and the triumphs of leadership during these unprecedented times.

This month, meet some of the Mayors of the Hudson Valley.
**Catch the Replay!**  
**Finding Common Ground**

In an effort to address the polarization in our communities, Pattern recently conducted two forums: one with the alumni of our fellows program and one with Dr. Joshua Weiss.

Join Pattern for Progress President & CEO, Jonathan Drapkin, and Dr. Joshua Weiss, Co-Founder of the Global Negotiation Initiative at Harvard University and President of NegotiationWorks, experienced in negotiating the world’s most contentious conflicts, for a discussion on how to find the common ground. This event will provide tools and examples to equip each of us to address the most difficult conversations we are faced with today, so that we may open up the lines of communication and work together to rebuild relationships and move forward.

Pattern is tracking the road to recovery. While we will endeavor to search for regional trends, we will also include national data points as they are both important and signs of consumer confidence. Now more than ever, Pattern will continue its role as an “honest broker” assisting those who wish “to move the dial” forward. We will use these updates to provide balanced data. It will be up to you – as always – to act on it as you deem appropriate. Our hope is to help you make more informed decisions.

**Check the Pulse of the Economy -**

<table>
<thead>
<tr>
<th>January 8th</th>
<th>December 31st</th>
<th>December 23rd</th>
<th>December 18th</th>
<th>December 11th</th>
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<td>[Image 2]</td>
<td>[Image 3]</td>
<td>[Image 4]</td>
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</table>
The Center for Housing Solutions at Pattern for Progress is the prime source for regional information and trends in housing in the Hudson Valley. Housing became an even bigger part of our identity when Pattern established the Center for Housing Solutions in September 2012. The Center has provided technical assistance, strategic planning, financial underwriting, housing policy recommendations, and market and demographic analysis for housing agencies, market rate and affordable housing developers, builders, Realtors, municipalities and advocates for affordable housing.

Tune in to the Housing Update - The Monthly Housing Webinar

The Housing Update is back as regularly scheduled programming! Beginning in January, tune in to the Housing Update, on the third Thursday every month. The first episode premieres on January 21st, 2021.

The monthly program teams up with housing experts, advocates, and professionals to explore housing challenges and solutions in the Hudson Valley. From the local real estate market trends to the impacts of COVID-19 and the affordability crisis, we’re analyzing statistics and exploring trends to help communities, developers, builders and non-profit agencies plan and construct housing that is affordable in the Hudson Valley region.

NEW EPISODE!
Housing Update
Thursday, January 21st, 2021 @ 10:00AM

The Pattern for Progress Center for Housing Solutions reconvenes industry leaders for a virtual panel discussion looking back over the Real Estate
Market in 2020 and exploring their outlook for 2021.

Moderator:
Joe Czajka, Pattern for Progress

Panel:
Bill Calderara
President & CEO, Ulster Savings Bank

Paula Elaine Kay, Esq.
Attorney, Law Office of Paula Elaine Kay

Gregory Langer
President, Valuation Consultants

William O’Keeffe, Esq.
Attorney, O’Keeffe & McCann, LLP

Joe Rand
Chief Creative Officer, Howard Hanna | Rand Realty

Stay in tune with Housing in the Hudson Valley!

Detailed information about the Mid Hudson Housing Market - including market reports & trends, panel discussions, research & policy - delivered right to your email inbox! Know your market.

Now Accepting Applications for the Community ReBuilders Program

The revitalization of communities is vital to the overall quality of life of the entire Hudson Valley. A key element to successful community development is growing and building local leaders and strong advocates to establish a clear vision to effectuate positive change in the community.

The Community ReBuilders Program provides participants with the tools and support they need to take community development projects to the next level. The Program provides participants with educational resources and training to research local issues, evaluate
project benchmarks, identify potential sources of funding, and achieve specific project goals.

Learn from the professional staff at Pattern for Progress, guest speakers, and your peers from throughout the Hudson Valley.

Community ReBuilder sessions will cover topics such as:
- Using data to support your project
- Designing and refining the scope of your project
- Mission and vision statements
- Overcoming impediments
- Project management
- Budgeting and grant writing
- Working with local leadership
- Creating collaborative partnerships within the community

Participants with an identified project are invited to apply. Be a part of a program that advances of community-based projects, builds a local network of leaders, and inspires positive neighborhood change.

Apply Now

New Year, New Season

Check out Season 1
Patterns & Paradigms | The Pattern Podcast
Daily New COVID-19 Cases per 100k

The number of daily new COVID-19 cases in the Hudson Valley is trending up. This map shows the number of daily new COVID-19 cases per 100k residents in each Hudson Valley county since November 1st.

*Through January 9th, 2021

See the map at -
http://www.pattern-for-progress.org/

Total Population by County
2019 and Percent Change from 2010

The 2019 American Community Survey was just released by the US
Census Bureau. The numbers show that some of our region's counties continue to lose population while others see growth. Rockland's population had the fastest growth from 2010 to 2019 with an increase of 6.2%. Ulster County lost the most residents (4,117) while Columbia saw the greatest decline as a percentage of the total population (-4.5%). Many people have migrated into the region from the New York City area during COVID. It will be interesting to see these numbers next year.


### Increase in Peak Shipping Volume
**November 2020 vs November 2019**

The USPS and private delivery companies like FedEx and UPS are experiencing significant spikes in demand as more people do their holiday shopping from home due to the COVID-19 pandemic. This graphic shows the percentage increase in peak shipping volume for the month of November 2020 compared to November 2019. The graphic also shows the percentage of packages delivered on time for the week of December 6th.

Take a closer look: https://www.pattern-for-progress.org/increase-in-peak-shipping-volume/

### Proportion of the Population >65 Years
**By County 2010 & 2019**

The 2019 American Community Survey was recently released by the U.S. Census Bureau. Numbers show
that the people over 65 years of age are increasing as a proportion of the total population across the region.


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**2020 Health Outcomes Ranking by County (Out of 62 NY Counties)**

New Year’s resolutions are often related to physical well being. More exercise, visits to the doctor, and new diets all push people to better health. Social and economic factors, access to clinical care, access to healthy food, and our physical environment also all play into our health and well being. Health outcome rankings by life expectancy and how people feel show great disparity by location within our region. Individual behaviors obviously matter and resolutions to modify habits for better health are important. Planners, and policy and decision makers should also resolve to support better health outcomes for all people, regardless of where people live.

Read More: https://www.pattern-for-progress.org/2020-health-outcome-ranking-by-county/

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**Hudson Valley County Budgets 2020 V 2021**

Primarily as a result of the COVID-19 pandemic, the nine counties of
the Hudson Valley region are collectively budgeting to spend $60 million less in 2021 compared to 2020. County budgets shrank for every county in the region except for Putnam and Sullivan County where the budgets increased by 0.3% and 1.0%, respectively.

Read More:
https://www.pattern-for-progress.org/hudson-valley-county-budgets-2020-v-2021/

### Hudson Valley County Budgets 2020 v 2021

<table>
<thead>
<tr>
<th>County</th>
<th>2020 Adopted (in millions)</th>
<th>2021 (in millions)</th>
<th>Change (in millions)</th>
<th>Percent Change</th>
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<tbody>
<tr>
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<tr>
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<tr>
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<td>Region</td>
<td>$5,224.0</td>
<td>$5,163.0</td>
<td>-$60.0</td>
<td>-1.1%</td>
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</tbody>
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Source: County Websites
Let's get social!